

ARIZONA BOXING AND MIXED MARTIAL ARTS COMMISSION

**SUBSTANTIVE POLICY STATEMENT 2013-01
RELATING TO BOXING AND MIXED MARTIAL ARTS**

Pursuant to A.R.S. §§41-1001(21) and 41-1091, this substantive policy statement sets forth the Arizona Boxing and Mixed Martial Arts Commission's ("Commission") interpretation of the term "stress test" that is set forth in A.R.S. §5-228(F)(3).

This substantive policy statement is advisory only. A substantive policy statement does not include internal procedural documents that only affect the internal procedures of the agency and does not impose additional requirements or penalties on regulated parties or include confidential information or rules made in accordance with the Arizona administrative procedure act. If you believe that this substantive policy statement does impose additional requirements or penalties on regulated parties you may petition the agency under section 41-1033, Arizona Revised Statutes, for a review of the statement.

SUBSTANTIVE POLICY STATEMENT

A.R.S. §5-228(F)(3) requires an applicant for a boxing or mixed martial arts contestant license who is over the age of 36 to submit to the Commission the results of a stress test that is administered by a physician. The term "stress test" means a simple form of a medically acceptable exercise test that evaluates an applicant's general fitness and condition to participate in boxing or mixed martial arts. Examples of acceptable stress test modalities include a standard exercise (hop, run in place) test, a treadmill, a step test, a cycle ergometer or a six minute or more walk.

APPLICABLE LAW

A.R.S. §5-228.F.3

Filed with the Secretary of State on September 13, 2013.